

Free Training for Foster Families

Sponsored by **Michigan State University School of Social Work**
in partnership with the **Michigan Federation for Children and Families**

2013 Training Series

How to Bring Love & Laughter Back into Your Home While Raising Challenging Foster Children

Presented by: **Betsy Boggs, MA**, Adoptive Parent & Executive Director of Adoptive Family Support Network

- Objectives:
- Understand why traditional discipline and parenting strategies don't always work with children who have experienced early abuse and/or neglect.
 - Learn three new parenting strategies that will help you to help your children heal.

Date: **April 30, 2013**, 6:00 PM – 9:00 PM (Registration begins at 5:30 PM)
Location: **Wedgwood Christian Services**, 3300 36th SE, Grand Rapids, MI 49512

Date: **September 7, 2013**, 9:00 AM – 12:00 PM (Registration begins at 8:30 AM)
Location: **Orchards Children's Services**, 30215 Southfield Road, Southfield, MI 48076

Nurturing the Wholehearted Parent: Preventing Burnout

Presented by: **Annie Lange, BSN, LMSW, ACSW**, Adoptive Parent

- Objectives:
- Understand the relationship between your thoughts and their impact on stress and burnout.
 - Identify concrete strategies that support self care and reduce stress.

Date: **May 11, 2013**, 9:00 AM – 12:00 PM (Registration begins at 8:30 AM)
Location: **Lutheran Child & Family Service of Mich.**, 6019 West Side Saginaw Rd, Bay City, MI 48706

Date: **September 19, 2013**, 6:00 PM – 9:00 PM (Registration begins at 5:30 PM)
Location: **MSU Department of Radiology**, Radiology Building, Auditorium
846 Service Road, East Lansing, MI 48824

Courageous Parenting: Helping Children Heal from Sexual Abuse

Presented by: **Michael R. Whitehead, MS, LMFT**, Family Therapist, Parent Educator

- Objectives:
- Recognize common challenges faced by parents raising child survivors of sexual abuse.
 - Learn three parenting techniques that will increase opportunities to connect with your child while setting appropriate boundaries.

Date: **June 4, 2013**, 6:00 PM – 9:00 PM (Registration begins at 5:30 PM)
Location: **Family Service & Children's Aid**, 330 W. Michigan, Jackson, MI 49201

Date: **October 5, 2013**, 9:00 AM – 12:00 PM (Registration begins at 8:30 AM)
Location: **Bethany Christian Services**
30685 Barrington Street, Suite 140, Madison Heights, MI 48071-5116



This training is FREE.

These workshops are designed for foster families, but adoptive and kinship families can benefit from them as well. This series is being offered free of charge to foster, adoptive and kinship families by MSU School of Social Work. Each training participant will receive a certificate for 3 hours of training. No CEUs will be offered for these workshops.

QUESTIONS? 517-353-3060

*More training sessions on next page.
See last page for registration.*

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2013 Training Series

What Every Foster Parent Should Know: Tips for Discovering & Using Overlooked Resources

Presented by: **Katie Page Sander**, LMSW, Supervisor, Foster Care Navigator Program

- Objectives:
- Gain practical tools to enhance your ability to advocate for the needs of the children in your care.
 - Learn how to access often under utilized resources that are available for foster children and families in Michigan.

Date: **June 12, 2013**, 6:00 PM – 9:00 PM (Registration begins at 5:30 PM)

Location: **Judson Center**, 3840 Packard Road, Suite 170, Ann Arbor, MI 48108

Understanding Your Child's Mental Health Diagnosis

Presented by: **Victoria A. Fitton**, PhD, LMSW, Registered Play Therapist Supervisor, MSU School of Social Work

- Objectives:
- Understand the complex risk factors for children in the foster care system and the impact on mental health diagnoses.
 - Identify the most common mental health diagnoses for foster children and the most frequently prescribed medications for kids.

Date: **October 17, 2013**, 6:00 PM – 9:00 PM (Registration begins at 5:30 PM)

Location: **MSU Department of Radiology**, Radiology Building, Auditorium
846 Service Road, East Lansing, MI 48824

Raising Children Who Have Experienced Trauma

Presented by: **Kimberly Offutt**, MSW, Adoptive Parent

- Objectives:
- Understand how traumatic experiences impact a child's brain.
 - Learn three parenting strategies that will empower you to be a healing agent to a hurting child.

Date: **November 7, 2013**, 6:00 PM – 9:00 PM (Registration begins at 5:30 PM)

Location: **Bethany Christian Services**, Conference Center, Building G
901 Eastern Avenue, NE, Grand Rapids, MI 49501

Raising Children with Attachment Issues

Presented by: **Rosemary Jackson**, LMSW, MSU School of Social Work

- Objectives:
- Understand the behaviors that children who have experienced early trauma and loss are likely to exhibit.
 - Learn techniques to parent children who have issues with attachment.

Date: **November 14, 2013**, 6:00 PM – 9:00 PM (Registration begins at 5:30 PM)

Location: **The Samaritan Center**, 5555 Conner Avenue, Detroit, MI 48213



**See last page
for registration.**



2013 FOSTER FAMILIES TRAINING SERIES

REGISTRATION

3 WAYS TO REGISTER FOR IN-PERSON PROGRAMS

Please do not e-mail your registration information as this registration method is not secure.



Online

Visit www.socialwork.msu.edu/ceu and follow instructions for online registration.



Fax

Complete this form and fax to (517) 353-2599.



Mail

Send this form to:
MSU–Social Work Continuing Education
Baker Hall
655 Auditorium Road, Suite 212
East Lansing, MI 48824



Confirmations, including directions will be sent via e-mail only, one week prior to the event for which you have registered.

PLEASE PRINT CLEARLY

Registrant 1, first name: _____ Registrant 1, last name: _____

Registrant 2, first name: _____ Registrant 2, last name: _____

Home address: _____

City: _____ State: _____ Zip: _____

Daytime phone: _____ Evening phone: _____

E-mail: _____

Accommodations and/or dietary requirement: _____

Please check if your information has changed since your last registration with us!

I am registering for the following workshop(s):

<input type="checkbox"/>	April 30	Grand Rapids	How to Bring Love & Laughter Back into Your Home While Raising Challenging Foster Children
<input type="checkbox"/>	May 11	Bay City	Nurturing the Wholehearted Parent: Preventing Burnout
<input type="checkbox"/>	June 4	Jackson	Courageous Parenting: Helping Children Heal from Sexual Abuse
<input type="checkbox"/>	June 12	Ann Arbor	What Every Foster Parent Should Know: Tips for Discovering & Using Overlooked Resources
<input type="checkbox"/>	Sep. 7	Southfield	How to Bring Love & Laughter Back into Your Home While Raising Challenging Foster Children
<input type="checkbox"/>	Sep. 19	East Lansing	Nurturing the Wholehearted Parent: Preventing Burnout
<input type="checkbox"/>	Oct. 5	Madison Heights	Courageous Parenting: Helping Children Heal from Sexual Abuse
<input type="checkbox"/>	Oct. 17	East Lansing	Understanding Your Child’s Mental Health Diagnosis
<input type="checkbox"/>	Nov. 7	Grand Rapids	Raising Children Who Have Experienced Trauma
<input type="checkbox"/>	Nov. 14	Detroit	Raising Children with Attachment Issues